

Parkhaven Press

Parkhaven Retirement & Assisted Living 100 Hamilton Court Manhattan, MT 59741 406-282-7488



Celebrating December

Bingo's Birthday Month

Cookie Cutter Week

December 1-7

Miners' Day

December 6

Nobel Prize Day

December 10

Hanukkah Begins

December 24

Christmas

December 25

Welcome New Residents:

Andy & Joan Oldenburger

Keith & Joan Crosbie

Don Thelen

Visit our website:

www.parkhavenretirement.com

Rebecca's Rambles

I always thought when I got this old everything would slow down and be easier. You know, I'd have more time for my hobbies, grandkids and sleep. What a joke on me. Maybe it's because I am older and slower that I don't have spare time. It seems to take me longer to get anything done.

Anyway, here we are at the final stretch of another year. We survived another presidential election. Some progress has been made on getting the addition started, not like we wanted but a beginning.

Right now I'm working on the interior design of the addition. Picking furniture, colors and planning the arrangement is my favorite part of construction. Two of the rooms that I'm most excited about will be the atrium and the family room. The atrium will be a very sunny spot which should provide a great spot to soak up some rays in the winter. The family room will provide a place away from the hubbub of the dining room so that we can meet with individual residents, their families and prospective residents in a private situation.

It really doesn't seem like December due to the mild weather but we are looking forward to the usual Christmas festivities. The outdoor decorations were started in mid-November. We are having our resident Christmas party on December 15th. Please join us for goodies and holiday music.

All of us at Parkhaven wish you and yours a blessed holiday season.

Volunteer Corner Cathy Dicharry



Cathy is a native Minnesotan. She received her RN degree from the University of Minnesota in 1967 and then began her career as a nurse. She specialized in Cardiac, Intensive Care and Emergency nursing. She was instrumental in developing and setting up programs for the use of Automated External Defibrillators throughout the Midwest, after they were introduced in 1980.

Cathy was married in 1980 to her husband Lyonel. They have 3 children and 5 grandchildren and have lived outside of Belgrade for the past 23 years.

Cathy retired from her nursing career in 2014. Having devoted her life to helping others, she wasn't about to sit home in her retirement. She still wanted to give back to the community for the good life she had been giving helping others. Her love of animals drew her to become a volunteer at Heart of the Valley animal shelter in Belgrade. In addition to volunteering at the Heart of the Valley, Cathy does Lay Ministry work, the Stephen Ministry out of the Spring Hill Church in Belgrade, serving people in crisis.

In her spare time, if there ever is any, Cathy enjoys horseback riding, reading, heart healthy cooking, and tending her ¼ acre vegetable and flower gardens.

Dynamic Duo

Between 1921 and 1950, Stan Laurel and Oliver Hardy made 107 movies, establishing them as one of the great comedy duos of all time. The first movie that launched them into the public eye was a short silent film called *Putting Pants on Philip*, released on December 3, 1927. In the movie, Laurel stars as Philip, a Scotsman who journeys to America and suffers endless insults and mishaps as a result of wearing his kilt. In one scene, while Philip is standing on a subway grate, his kilt is upturned in a blast of air. Hardy plays J. Piedmont Mumblethunder, Philip's uncle, who is charged with fitting his dimwitted nephew into a pair of pants. While the film may not be their funniest, it established Laurel and Hardy as a comic team. And perhaps this is what inspired that iconic image of Marilyn Monroe standing on a subway grate in her white billowing skirt almost 30 years later in *The Seven Year Itch*.

Volunteer corner continued...

About 2 years ago Cathy began coming to Parkhaven the first Friday of each month bringing with her either a dog, cat, puppy or kitten that is up for adoption from the shelter. It is a time where our residents can hold, pet and interact with these lovely animals. They really enjoy having them come and visit.

Thank you to all our volunteers!

Parkhaven is fortunate in having a dedicated group of volunteers who generously devote countless hours of their time to help enrich the lives of all our residents. They come from many walks of life and have rich and diverse backgrounds. The goal of the Volunteer Corner is to introduce these volunteers and give them the recognition they so richly deserve.

Happy Holidays from
our home to yours!

Busy times at Parkhaven



Open Range playing at Harvest Festival



Mona, Rosemary & Becky at Harvest Festival



Little Tigers Pre School Halloween Show



Hank speaking at Veteran's Day Cermemony

Jeans de Nîmes

May your December 5, Blue Jeans Day, be as comfortable as your favorite pair of jeans. Quintessentially American, blue jeans were born of the immigrant entrepreneur Levi Strauss in 1853. During the short-lived Gold Rush era in California, Strauss outfitted fortune-seeking miners. His first idea was to turn brown cotton tent canvas into the first "overalls." Then Strauss discovered a French fabric, a durable twill called *serge de Nîmes*. Strauss dyed it indigo blue and reinforced the seams with metal rivets. Denim (from *de Nîmes*) pants became a favorite among miners, farmers, and cattlemen. They earned the nickname *jeans* from Genoa, the Italian city where sailors were known for wearing blue cotton canvas. All Levi Strauss jeans made of 01-weight denim were designated as 501s. Now, owning a pair of Levi's 501s is like owning a piece of Americana.

Halcyon Days



In mid-December, the Halcyon Days arrive. Beginning one week before the winter solstice on December 21 and extending to one week after, the story of these birds is one from Greek

mythology. Alcyone was the daughter of Aeolus, the god of the wind. She married Ceyx, and the couple was so happily in love that they called each other Zeus and Hera, after the king and queen of the gods. Zeus, upon hearing his name used in such a way, threw a thunderbolt at Ceyx's sailing ship, destroying him. Upon his death, Ceyx appeared to Alcyone, who then threw herself into the sea in an effort to join him in his doom. The gods were so touched that they turned the couple into halcyons, a type of kingfisher. The Halcyon Days refer to the winter period when no storms occur at sea. Aeolus stops the wind so that his daughter Alcyone, now a kingfisher, can make her nest and lay her eggs in safety.

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Assisted Living
100 Hamilton Court
Manhattan, MT 59741

Postage
Information

In loving memory

Scott Callin
1924-2016

*“So long as the memory of a certain
beloved friend lives in my heart, I shall
say that life is good.”*

Helen Keller

*Scott was loved by many and we are
all blessed to have called him our
friend.*

December Resident & Staff Birthdays

Those born between December 1st and 21st are Archers of Sagittarius. Archers are both confident and lucky, so they often find success. Their infectious enthusiasm attracts friends to help them achieve their ambitious and lofty goals. Those born between December 22nd and 31st are Capricorn's Goats. Capricorns are independent, detail-oriented, patient, and self-sufficient. These qualities help the sure-footed goats achieve stability and security needed in their lives.

Berness 12/9
Jackie O. 12/10
Eleanor 12/13
Andy O. 12/16
Brandi M 12/22
Keith 12/29