

JANUARY 2017

Parkhaven Press

Parkhaven Retirement & Assisted Living 100 Hamilton Ct. Manhattan, MT 59741 406-282-7488



Celebrating January

Hot Tea Month

**International
Brain Teaser Month**

Self-Love Month

New Year's Day
January 1

**Martin Luther King Jr. Day
(U.S.)**
January 16

Chinese New Year
January 28

Welcome New Residents

John & LaVerne Sparks

Joseph Barnett

Gene Holland

Visit Our website

www.parkhavenretirement.com

Rebecca's Rambles

It's time for me to reflect on last year. It was a good year here at Parkhaven. We've made some wonderful new friends and gain some precious family. I am also reminded of the family we have lost this year. I like to remember at this time what joy and love each one of our residents brings to us. I've found over the years that I can learn from each and every one of them.

January brings new beginnings. It means putting away the Christmas decorations, new file folders in the file cabinets and some sprucing up around the place. It's a time when I try to make some improvements on things that could have turned out better. I like January.

We are happy to welcome a new volunteer to Parkhaven. Tigray was born in Ethiopia but has lived in the United States for seven years. She is a breath of fresh air. Welcome aboard, Tigray. Thank you to all who attended our resident Christmas party. We enjoy spending time with you at Christmas and of course the goodies are always a treat.

So from all of us to all of you, Happy New Year and let's hope the ice fishing is a success. I just wish John and Wes would show up for work now and then. Just kidding!

Happy New Year!!!

Volunteer Corner

Maury Irvine



Seven Continents Visited – Antarctica Makes 7

Maury may have been born in San Francisco, but his roots reach back to Montana with parents that homesteaded here and his maternal grandparents that owned the Brown Back Ranch, 5 miles below Mammoth, MT. At the age of 8 he came to Montana, with his family to help at the ranch. After a year the family moved to Butte, where he graduated from Butte High School in 1941. With the outbreak of WW2 he entered the Merchant Marines, serving as a radio officer on a Liberty ship for 3 years in the north and South Atlantic Ocean as well as the Mediterranean Sea. After the war he attended Montana State College where he got a BS degree in Engineering Physics as well as marrying his wife Lois Lessley. He then went on to get a PhD. in Physics at Lehigh University in PA., as well as starting a family.

In 1955 Maury's began to work for Bell Laboratories, New Jersey, on developing the use of transistors to fly airplanes. During his career at Bell Labs, he was involved with many projects involving national security. After a successful 33 year career he retired in 1988.

Upon his retirement, Maury returned to Montana to visit and saw an advertisement requesting Docents for the Museum Of The Rockies. He took the training and then relocated permanently to Bozeman in 1990. While volunteering at the museum, in 1992, he learned that Jack Horner was going to Mongolia to look for dinosaur eggs. He signed up and went with him. This was the beginning of a new passion.

Over the years Maury has become a world traveler, visiting over 49 countries on all 7 continents. As of this writing he is completing his latest trip to Viet Nam and Cambodia.

Immigration Station

Three large ships waited in New York harbor on January 1, 1892, for the official opening of the Ellis Island Immigration Station. On that first day, hundreds of immigrants entered America. The very first person to be processed was 17-year-old Annie Moore, from Cork, Ireland. It is estimated that between 1900 and 1914 (the peak years of the station's operation), up to 11,000 people passed through Ellis Island every day. It has been estimated that 40 percent of all Americans can trace their lineage back to Ellis Island. For this reason, Ellis Island was made a National Park in 1965 and designated an Immigration Museum in 1990. Today, visitors to the island are invited to search a database to discover whether their ancestors were part of the great surge of immigrants passing through the center's halls between 1892 and 1924. The list of famous names who passed through Ellis Island is astounding; it includes composer Irving Berlin, bodybuilder Charles Atlas, Hollywood starlet Claudette Colbert, psychologist Sigmund Freud, and silent movie star Charlie Chaplin.

Volunteer corner cont.

Maury graciously comes three to four times each year to share his visits with our residents. With his many photographs, items of culture and firsthand experiences, our residents are able to get a flavor of life in many different countries. His visits are always looked forward to and we sincerely owe him a debt of gratitude for his unselfish sharing of his adventures.

Thank you to all our volunteers!

In Loving Memory

Vangier Bartle

February 13, 1926 to November 26, 2016

Dorothy Smith

June 22, 1922 to December 13, 2016

Holiday Fun



Manhattan School Choir singing caroles



Ray & Marilyn enjoying the festivities



Tiger Tracks preschool singing for residents

A special thank you to everyone who came out and celebrated the holiday season with us.

Music with Neil
Knights of Columbus
Ukulele with Missy
Blue Moon Musical
Geriatrics Christmas Performance
Harp Music by Teagen
First Presbyterian Church Bozeman

Isn't That Peculiar?

January 10, Peculiar People Day, is the time to appreciate the weirdness that often comes with genius. Ben Franklin, American founding father and inventor, would give himself an “air bath” each morning, standing in front of an open window in his birthday suit. Less known, but no less peculiar, is Dr. Yoshiro Nakamatsu, inventor of the floppy disk in 1952. He developed most of his greatest ideas while underwater, depriving the brain of oxygen, when he believed the greatest inspiration would strike. Just before nearly drowning, he would write his idea on waterproof paper. Inventor Thomas Edison interviewed assistants by making them eat a bowl of soup in front of him. Those caught salting the soup before tasting it were dismissed, as Edison believed they started out with too many assumptions and were unfit for inventing. The next time you do something peculiar, remind yourself and everyone around you that it is a habit born of your great genius.

Opposites Attract

You may be shocked to learn that January 9 is Static Electricity Day. Most every child discovers the delights of static electricity, whether by shocking themselves on a door handle, having their hair fly away after going down a slide, or by sticking a balloon to their head. But what is this strange energy? It all begins with invisible atoms. All things are made up of atoms, which hold electrons that are positive or negative. Amazingly, when two things are rubbed together, say a balloon against someone’s hair, the invisible electrons move from the balloon’s atoms to the hair’s atoms, creating an imbalance of positives and negatives. Because opposites attract, the balloon will stick to the hair. But this imbalance of electrons is only temporary. When one side regains its lost electrons, static electricity is discharged with a shocking **SNAP!**



Parkhaven Retirement &
Assisted Living
100 Hamilton Court
Manhattan, MT 59741

Postage
Information



Walt Steingruber

3-27-27 to 12-5-2016

Below is a poem written
by Walt. He will be
greatly missed.

Friends

I count not my riches in silver and gold
To have friends is much more worthwhile
Why have a product that will just mold
Have a friend that can return a smile
And someone you can help along the way
It makes one feel good
And also helps to make our day
To make a world to be as it should
I'm blessed to have so many friends
Please let me be yours is what this message
sends
Come walk with me for a while
To help me go that extra mile
Love, PaPa Walt

Resident & Staff January Birthdays

In astrology, those born between January 1st and 19th are Capricorn's Goats. Capricorns are independent, detail-oriented, patient, and self-sufficient. These qualities help the sure-footed goats achieve stability and security. Those born between January 20th and 31st are Water Bearers of Aquarius. Aquarians may be shy and quiet, but they are energetic, unique, and independent visionaries. They are often unemotional, intellectual, and will pursue wisdom to the ends of the earth.

Lee 1/10
Chelsey 1/12
Virginia 1/17
Kerry K 1/27

Happy Birthday!!!