

Parkhaven Press

Parkhaven Retirement & Assisted Living 100 Hamilton Court Manhattan, MT 59741 406-282-7488



Celebrating June

International Men's Month

Camping Month

**The Wicket World of
Croquet Day**
June 3

Corn on the Cob Day
June 11

Worldwide Day of Giving
June 15

Father's Day
June 18

Pink Flamingo Day
June 23

Welcome New Residents:

June Linderer

Visit us at:

www.parkhavenretirement.com

Rebecca's Rambles

After a much needed break it's good to be home again. John and I spent a week in Missouri for my niece's graduation and to visit my mom. We had a great time with family and old friends.



John was very generous with me and let me spend a day in Hamilton, MO. This was a town like any other in the Midwest with empty buildings and not much happening. Now it's a treasure for anyone who enjoys creating with fabric. One family has renovated the downtown (I was told 22 shops) and have filled them with fabric, yarn, a wonderful line of sewing machines and quilting tools. I was one happy girl!

Summer is full swing. Residents are spending a lot more time outside on the patio and taking walks in the park. Sunshine is good for the soul.

It feels like things with the addition are moving at a snail's pace but summer is flying by. All the piping and hookups for the new heat system have to be in so we don't run into trouble when cooler weather comes again.

Judy, our new activities assistant has introduced chair yoga to our residents. That is a different twist on things. It's easier than hot yoga, thank goodness.

We look forward to your visits. Come join in an event or just hang out with us.

Volunteer Corner

Lori spent most of her life in Pennsylvania. She was born in Jeannette, PA which is 40 miles East of Pittsburgh, PA, grew up in the town of Arona, PA and attended California University of Pennsylvania where she earned her degree in Electro Graphics. While in college she met her husband John and they were married 4 years later. After graduating she moved to central Pennsylvania and worked for 13 years in the printing industry.

While living in Pennsylvania Lori's husband, who is an over the road truck driver, suggested she find an activity to occupy her while he was away. The wife of a friend of her husband suggested they both take clogging classes. Clogging is a truly American dance form that began in the Appalachian Mountains. It is a dance that is done in time with the music in which the dancer's footwear is used percussively by striking the heel, the toe or both against a floor or each other to create audible rhythms, usually to the downbeat with the heel keeping the rhythm. She began taking the clogging class in 2002 and graduated a year later. She then began to dance with a performing group called The Country Bear Cloggers, until 2008, and then danced with another group called the Keystone Kloggers until 2009.

In 2009 Lori got a job offer from Right Now Technology that she could not refuse, so the family packed up and moved to Montana. Her love of clogging inspired her to organize her own group, The Bridger Beet Cloggers which consists of 30 members, both students and performing dance group.

Volunteer Corner

Lori Weld and The Bridger Beet Cloggers



They have performed at many locations including Chico Hot Springs, Spring Meadows, Mountain View, Edgewood Vista and Churchill Assisted Living. In 2011 they competed at the Just Dance Competition in Bozeman and won Most Crowd Pleasing award.

In her spare time Lori likes to draw, ride and tend to her horse Lady and her 2 dogs and 2 cats called the Fur Baby Collection.

Lori and the Bridger Beet Cloggers come and entertain our residents 3 to 4 times a year and always put on a fantastic performance which is loved by all our residents and staff. We cannot thank her enough for the selfless energy and talent they bring to us.

Everything's Coming Up Roses

Roses have long been grown for their beauty and fragrance. But roses have also been used as powerful symbols for ages. Perhaps it is because of their dual nature: the dangerous thorns and the beautiful flower.

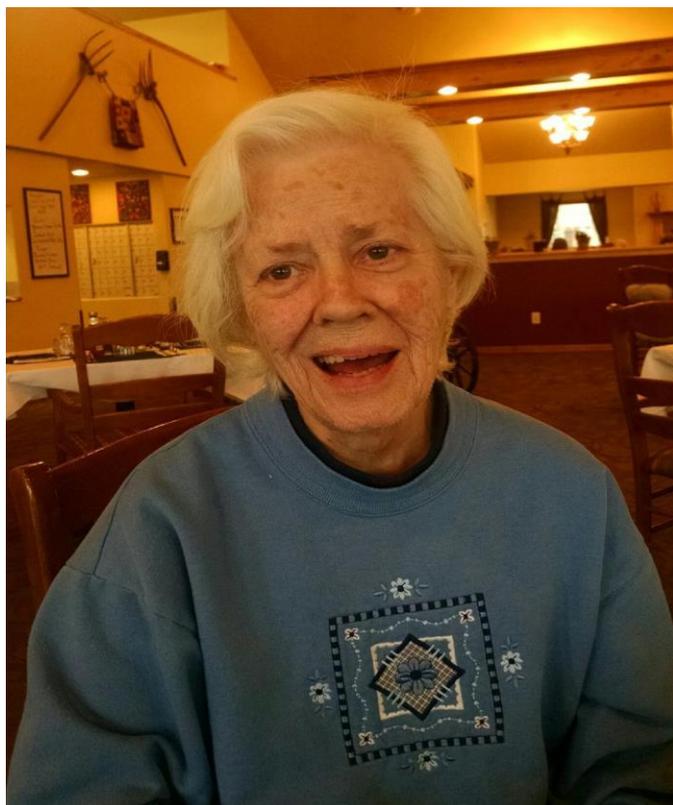


This June, Rose Month, take the time to contemplate the symbolism of the rose. Both the ancient Egyptians and Greeks considered the rose a symbol of silence and secrecy. The Latin phrase *sub rosa*, or "under the rose," denotes secrecy and confidentiality. Roses adorned the ceilings of dining halls in ancient Rome. Anything said under the influence of wine was considered to be kept confidential. Similarly, roses were hung from the ceilings of council chambers, a reminder of secrecy for all those present. Later, Christianity adopted the symbol. Confessionals were adorned with roses, symbolic promises that conversations would remain secret. Roses have also been used as emblems by secret societies like the Rosicrucians and royal houses such as Tudor, Lancaster, and York.

Red roses are also symbols of love, beauty, and virtue. We must again look to ancient Greece, where the red rose was connected to Aphrodite, the Greek goddess of love. When Aphrodite's true love, Adonis, was injured by a wild boar, she mixed his blood with her tears to create the red rose, an enduring symbol of their love. Later, the rose became a symbol of the Virgin Mary in Christianity. It was believed that roses in the Garden of Eden were thornless, but after the fall of Adam and Eve they grew thorns. Thorns came to represent Original Sin. Mary, born of the Immaculate Conception and without Original Sin, came to be known as the "rose without thorns." While the rose symbolizes the paradise of Eden, its thorns symbolize suffering and grief.

Over the years, the color of a rose has come to have different meanings. Red roses are for love and passion; pink are for gratitude; yellow are for friendship; and white are for spirituality and purity. Any way you color it, roses have long been powerful messengers.

In Loving Memory of Carole Dustrude



September 3, 1935 to April 27, 2017

Old Maid to Order



It began as a prank on June 4, 1948, when Marion Richards secretly distributed greeting cards and bouquets to all unmarried women age 30 and over at her workplace.

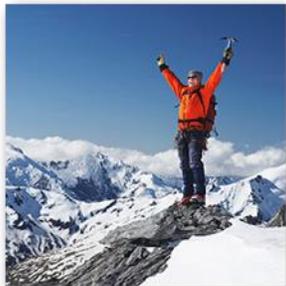
When her colleagues asked her what was going on, she told them it was Old Maid's Day. That same night, married women and younger women threw Richards and her "old maid" friends a surprise party. Richards was declared the holiday's founder, and Dora McCracken was elected secretary and historian. It did not take long before Old Maid's Day was being celebrated in communities across the country. June may be the month of weddings, white lace, and bouquets, but Old Maid's Day celebrates the single woman with a holiday of her own.

Parkhaven Retirement &
Assisted Living
100 Hamilton Court
Manhattan, MT 59741

Postage
Information

Mountain-Sized Measurements

Mount Everest gets all the press as the world's tallest mountain, but Mount Chimborazo in the Andes in Ecuador may be larger, depending on your perspective.



We should all be open to this possibility on June 3, Chimborazo Day. Measured from sea level, the height of Mount Everest is 29,029 feet, while Mount Chimborazo is 20,549 feet. However, when measured from the center of Earth, Chimborazo is actually farther away. How can this be? Earth is not perfectly round; our planet bulges at the equator. Since Chimborazo lies near the equator on this bulge, it is 3,967.1 miles from the center of Earth. Everest, which does not sit near the equator, is 3,965.8 miles from Earth's center, a little over a mile shorter by distance. Which mountain is bigger? You decide.

Resident & Staff June Birthdays

In astrology, those born between June 1–20 are Twins of Gemini. Twins have two distinct and alluring sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends. Those born between June 21–30 are Cancer's Crabs. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of harmony at home and in the workplace.

Vonnie: 6/3
Chris: 6/6
Vernel: 6/10
June: 6/11
Bob F: 6/26
Eric: 6/27
Gordon: 6/30