

Parkhaven Press

Parkhaven Retirement & Assisted Living Community 100 Hamilton Ct. Manhattan, MT 59741 406-282-7488



Celebrating September

Classical Music Month

Courtesy Month

Newspaper Carrier Day

September 4

Labor Day (U.S.)

September 5

Line Dance Week

September 12–17

Love Note Day

September 23

International Coffee Day

September 29

Welcome New Residents

Berness Lubbers

Bill Davison

Visit us on Facebook

Parkhaven Retirement and

Assisted Living

Check out our website

www.parkhavenretirement.com

Rebecca's Ramblings

September is here. It's time to start thinking about flannel shirts and fuzzy sweaters. I love going camping this time of year. The sunshine during the day is so pleasant but the campfire pushes the night chill away.

Labor Day reminds us of what a great country we live in. Our United States of America was built on the vision and hard work of so many. At times it seems like that vision and work ethic has disappeared but it's good to look around and see people in our everyday surroundings pushing on. I love hearing the stories our residents tell of their pursuit of education, serving in the military, and holding down jobs to feed their families. We really aren't so different today. We have staff who are just starting college or continuing. A past employee is now in the military and of course there are those of us who go to work every day who are pursuing our vision. We are glad that at whatever stage we are in life we live in a country that we can choose what we want to pursue.

Once again I've been reminded that nothing that is worth doing comes easy. That being said, I want to update you on the progress of the addition. First the garage is being moved to the back of the property and a new garbage enclosure will be built. This will allow for more parking. We had planned on digging the hole and pouring the foundation last month but at the last minute "the powers that be" decided that we need to do an environmental impact study. Not what we wanted to hear. The study will not be completed until the end of November which makes starting pretty much impossible at that time of year. We are now planning to dig in March or April. In the mean time we will get these other things done.



Volunteer Corner Deborah Nash

Deborah is a faithful volunteer who helps to keep our raised vegetables and flower bed gardens looking as beautiful as they do. She is a

certified Master Gardener level 1 and is in the process of completing her volunteer requirements for certification to Master Gardener level 2. As a child she helped her dad with his vegetable and strawberry gardens in Billings, her home town.

After graduating high school she attended Eastern Montana College (now called MSU Billings) where she got her degree in secondary education, with a political science minor. She lived in Billings until 1973, when she married her husband John, and then moved to Manhattan. They have one daughter and one grandson.

Deborah began raising her family, and also worked as a reporter for "High Country" in Bozeman. She eventually became their Managing Editor before leaving in 1989. Upon leaving she worked at MSU for 8 years as an archives technician in the Special Collections/Archives section and then became a Communications and Event specialist for the Montana Manufacturing Extension Center until 2016, when she retired.

Volunteer corner continued...

Because of her passion for gardening Deborah started her own garden which is 25ft by 25ft. She plants many different vegetables and flowers which she enjoys doing. Because of her love of gardening she wanted to learn more, so she enrolled in the Master Gardener program.

Besides gardening Deborah has been a fisherwoman her whole life and has taken an interest in fly fishing for the past 8 years. During the winter when gardening and fishing are no longer options, she enjoys quilting.

We thank Debora for all the hard work she has done this past summer in keeping our gardens looking great and providing a bountiful harvest of vegetables.

Rebecca's Rambles Continues...

We had a fine time at the Luau. For those of you that couldn't make it, we missed you. John made his famous smoked, pulled pork. Patty and the dietary staff completed the meal with cole slaw, baked beans, fruit salad, and pineapple cake. We listened to Hawaiian music, some of us tried to dance and some of us DID dance. If you haven't seen Helen dance you are missing out on a great experience. Our "Thank You" goes to Manhattan Bank for the use of the tables and chairs. Thanks also to Gordon and staff for making it a fun evening.

Remember, you are always welcome to stop in.

2016 Luau

Every year in the summer Parkhaven gets together with residents, staff, friends, community and family to celebrate our wonderful Montana summer. This year was wonderful. We had a great time this year and we want to thank everyone that came and a special thanks to John and Becky for the scrumptious smoked pork and the kitchen staff for the wonderful goodies that were served.



Becky and Helen dancing to the Beach Boys



Gordon, Mary Jo, Bob and Jenny

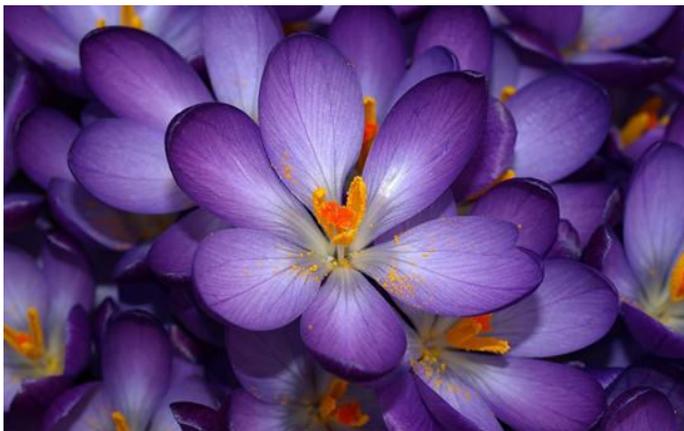
Parkhaven Retirement &
Assisted Living
100 Hamilton Court
Manhattan, MT 59741

Postage
Information

In Loving Memory of

Phyllis Karaffa
7-21-1930 – 8/6/2016

Marian Peterson
3-29-2018 – 8-9-2016



Staff & Resident September Birthdays

In astrology, those born between September 1 and 22 are Virgos. Virgos are observant, independent, reliable, and intellectual. Virgos require a sharply organized mind and will analyze points in an attempt to bring order to chaos, no matter the consequences. Those born between September 23 and 30 balance the scales of Libra. Libras seek equality, justice, and harmony. Eager to cooperate, Libras are charming diplomats who seek compromise and good will.

Carole: 9/3
Helen K: 9/6
Jane E: 9/8
Mona A: 9/14
Kay: 9/27
Grace R: 9/29
Bill C: 9/29