

APRIL 2018

Parkhaven Press

Parkhaven Retirement & Assisted Living 100 Hamilton Court Manhattan, MT 59741 406-282-7488



Celebrating April

Car Care Month

Jazz Appreciation Month

Physical Wellness Month

Easter

April 1

Barbershop Quartet Day

April 11

National Coin Week

April 15–21

Earth Day

April 22

Welcome New Residents

Rex & Fern Bidy

Rebecca's Rambles

April brings new beginnings. There are new flowers peeking through, new leaves on the trees and new baby animals all around us. In fact, some of those new little animals are coming to Parkhaven for a visit.

Jennifer, our new activities director has bunnies, chicks and lambs coming in. Who can resist? I'm so glad to see spring.

We are looking forward to the cloggers coming in this month. If you have not seen this, make it a point. They give a most amazing performance with rousing energy and music.

I just want to remind everyone that cold and flu season is still plaguing us. It is especially brutal this year. I know that because I experienced it. YUCK! If you are not feeling well, please do not come visit us. We will miss you but we will not miss what you may bring with you.

Come with me into the woods. Where spring is advancing, as it does, no matter what, not being singular or particular, but one of the forever gifts, and certainly visible."

–*Mary Oliver*

Gordon Ross – Activities Director

In February Parkhaven lost a valuable part of our team. In an unexpected passing we lost our beloved Activities Director; Gordon. In his 6 years at Parkhaven Gordon took our activities department and made it outstanding bringing in speakers from around the country, local musicians and dancers, organizing outings and exposing our residents and families to all the world has to offer. His wife, Sandy shared with us bits and pieces of their lives;

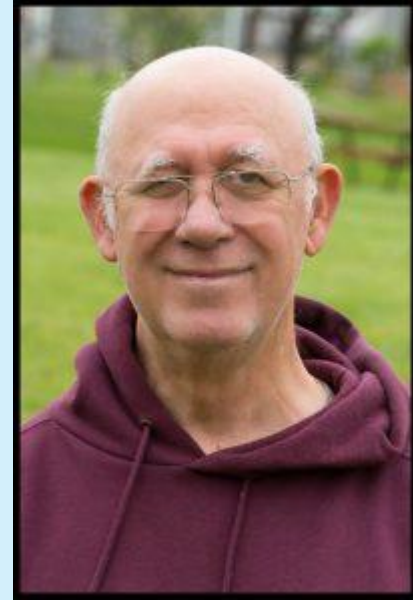
“Gordon was the type of person that would do anything for anyone. He would do without so someone else could have what they needed. He was a chemist by trade always experimenting with new things!

Once, when he was younger, he and his friend were in their basement launching rockets and nearly caught the whole house on fire! He had a variety of hobbies, magic tricks; he loved performing for all the little kids and anyone else he could trick!

He was an avid reader. His Agatha Christie books were one of his favorites. Every free moment he had went to reading, hunting, survival, guns, wilderness books and magazines. On quiet Springs Sundays we would drive up Springhill Rd and park outside the old cemetery gate, at the base of Ross Peak, under the big shade tree and read and watch the deer and elk grazing. Some days we would drive to Yellowstone for a picnic lunch AND a reading hour just for the peace and serenity of the Park!

Gordon loved the outdoors, camping, hiking, skiing, boats; he even went ice skating with the grandkids! When we were married back in 1969 we chose a ski trip to Canada and thought surely there would be snow to enjoy. We bought each other ski equipment for our wedding presents and embarked on our first married trip together. But to our surprise there wasn't one drop of white fluff to be seen!

In Loving Memory



Gordon Ross

June 30, 1947 to February 18, 2018

Gordon and I were blessed with 3 great kids and 6 wonderful grandchildren. Of course 2/3 of them live across the country and he didn't see them very often, however, he loved them dearly just the same. During our cross-country trips with our kids we listened to a lot of Gordon's favorite music on the cd player (and the cassette player), Anne Murray, Peter Paul and Mary, Loretta Lynn, Simon and Garfunkel. The kids would roll the eyes and moan 'Not Again' Guess who they like to listen to today when they go on trips with their kids?

We will all miss Gordon's chipper personality and his big kind heart. He always had a smile and a soft spot for everyone he met. God has blessed us all by sharing him with us and now he can be free in Heaven to wait for us all.”

Parkhaven will always be grateful for the time and effort that Gordon put into our Activities Department.

The Son of Music



Mariachi music is an enduring musical tradition in Mexico, played wherever celebrations take place. There will certainly be plenty of mariachi music to enjoy at the Tuscon Mariachi

Conference from April 25 to 28. Mariachi's roots go back hundreds of years, to the arrival of Spanish Conquistador Hernán Cortés in Mexico in 1519. Indigenous music, played as part of a religious ceremony, was played with rattles, drums, flutes, and conch shells. The Spanish brought with them harps, guitars, violins, and brass horns, instruments that were played during Catholic mass but quickly became popular outside of church services. Natives created a new type of music, incorporating the new instruments with local musical styles and African musical influences that arrived via the slave trade. Many identify the west Mexican state of Jalisco as the center of this new folk music style known simply as *son*, or *sound*. It was from the *son* of Jalisco that modern mariachi developed.

In the late 1800s and 1900s, the biggest form of entertainment was listening to radio and records. This is when the first modern mariachi bands formed. Violins and trumpets were added to musical orchestras featuring harps, guitars, and woodwinds. These bands became popular, and the music made its way into the rural countrysides. Mariachi was played at parties, on holidays, and in church, and the sound accompanied dances as varied as foxtrots, waltzes, pasodobles, fandangos, pokes, and jarabes. During the Mexican Revolution, many Spanish haciendas had to let workers go, including mariachi musicians. These mariachis wandered and played everywhere they could, and the new Mexican government, eager to promote a unified Mexican identity separate from their Spanish colonizers, presented mariachi as the national music for their young country. While Jalisco may be the "birthplace of mariachi," the reach of this music is now global, with mariachi bands playing as far away as Sweden, Egypt, and Croatia.

PB&J Day

Can you even imagine a world without peanut butter and jelly? April 2 is Peanut Butter and Jelly Day in honor of this ubiquitous sandwich staple. Before the average American finishes high school, they will have consumed 2,000 PB&Js. When did this sandwich achieve celebrity status? The first record of peanut butter and jelly on bread came in 1901, when Julia David Chandler mentioned the recipe in a book detailing the preparation of finger sandwiches for small parties. She wrote, "The combination is delicious, and, so far as I know, original." Then, in 1922, Joseph Rosefield transformed the peanut butter industry by devising a method to keep peanut butter from separating. He called his new peanut butter *Skippy*. At the same time, American manufacturing evolved to mass produce peanut butter and lower the cost, making it affordable to all. When sliced bread was invented in 1928, sandwiches became easier to make and, thanks to lobbying efforts by the peanut butter industry, the PB&J sandwich became standard fare in lunchboxes around the country. If peanut butter and jelly isn't your favorite sandwich, then just wait until April 12, Grilled Cheese Day.

Time for a Change



Times Square is one of New York City's most famous landmarks, but many don't know where it got its name. Before it was Times Square, the intersection was known as Longacre Square, named after London's Long Acre Square. Both places were hubs for horse carriages, brothels, and saloons. When Adolph Ochs acquired *The New York Times* newspaper in 1896, he sought a part of town far from City Hall and "Newspaper Row" for his growing news empire. He found his spot in Longacre Square, which the mayor renamed Times Square for the newspaper's offices on April 8, 1904.

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Postage
Information

Of Gum and Gumption



The Wrigley Company may be the world's largest manufacturer of chewing gum, but when the company was founded on April 1, 1891,

by William Wrigley Jr., its primary business was selling soap. Wrigley journeyed from Philadelphia to Chicago with just \$32 in his pocket and an innovative idea to offer free baking soda with every purchase of his Wrigley's Scouring Soap. This model proved so successful that he later went into the baking soda business, now offering two free packages of chewing gum for every can of baking soda he sold. Once again, his giveaway proved more popular than the original product, and he ended up dedicating his company entirely to gum, a move that not only made him his fortune but made "Wrigley" a household name in Chicago and beyond.

Resident & Staff April Birthdays

In astrology, those born between April 1–19 are Aries' Rams. As the first sign of the zodiac, Aries are energetic and assertive initiators. With bravery, zeal, and speed, they jump headfirst into life, confident they can navigate any challenges. Those born between April 20–30 are Taurus' Bulls. Bulls are hardworking, ambitious, honest, and dedicated to finishing tasks with a dogged persistence. And once the work is done, a Taurus expects to enjoy the fruits of their labor.

Emma: 4/4

Misti: 4/7

Tom O: 4/13

Happy Birthday!!