

# Parkhaven Press

Parkhaven Retirement & Assisted Living 100 Hamilton Ct. Manhattan, MT 59741 406-282-7488



## Celebrating November

**Novel Writing Month**

**Gratitude Month**

**All Saints' Day**

*November 1*

**World Kindness Day**

*November 13*

**Thanksgiving Day: U.S.**

*November 22*

**Cider Monday**

*November 26*

**Welcome New Residents**

*Verla Boyd*

*Melvin Butts*

**In Loving Memory**

*Joyce Shepard*

*Phyllis Hermstad*

*Bert Kamps*

*Rex Bidy*

## Rebecca's Rambles

First I want to apologize for not rambling last month. The only person that complained was my mother. I think that tells me something. My ramble is something only a mother could love.

The last few months have been busy. There have been times that I have wondered what we were thinking when we decided to add on to Parkhaven but I know in the end it is the only thing we could do. To be honest, the project is moving along at a much faster pace than we expected. Painting has started and most of the exterior work is complete. I'm very pleased with how it's turning out.

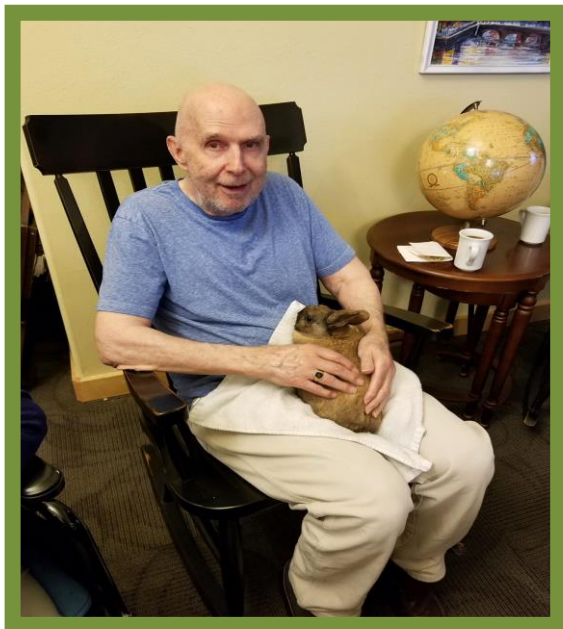
Crystal has been giving tours and taking deposits for units in the new addition. If anyone is interested in a tour please give her a call.

November is a time when we think of family and all we are thankful for. This year John and I feel especially thankful. I've been hesitant to discuss this in my ramble but feel like this is a good time to do it. In June, I was diagnosed with early stage breast cancer. I have completed surgery and treatment and look forward to many more years of health. We want to say a very heartfelt "Thank You!" to our staff for taking over my duties when I couldn't keep up and just being there to support me during my surgery and treatment. Also the thoughts, prayers and encouragement of residents and their families helped me keep going. We have much to be thankful for.

Fall is a beautiful time of the year. Let's all enjoy it as much as we can.

## Resident of the Month

### Jeff Darcy



Jeff was born in Lewistown, Montana in November of 1934. He left Lewistown at the age of 18 to join the Air Force. Jeff spent 4 years serving in the Air Force. During that time he was a radio operator for B-29's.

After leaving the Air Force Jeff moved to San Francisco where he lived for the next 18 years. In 1974, Jeff made the move back to Montana where he entered MSU and graduated with a degree in Political Science.

Jeff was employed at the Flying J store in Belgrade where he really enjoyed working.

One of Jeff's favorite past times was flying airplanes which he did for years. He would love to travel to Antarctica one day

#### Interesting Fact

The B-29 Superfortress was a four-engine propeller-driven heavy bomber designed by Boeing, which has been called the weapon that won the war in the Pacific. Designed to carry large bomb loads long distances, it made possible the **strategic** bombardment that brought Japan near to collapse.

## Where the Buffalo Roam

The first Saturday in November is Bison Day, a day to honor the majestic beasts of the American prairie. Many are familiar with the bison's history. Millions of bison roamed in herds in prehistoric North America, from Alaska to Mexico and from Nevada to the Appalachian mountains. Yet, by 1800, after massive overhunting and drought, only a few hundred bison remained. Thanks to herculean efforts by conservationists, the bison population has grown to 500,000, and today they can be enjoyed by visitors at parks across the plains and in the American West. The bison, often erroneously called the buffalo, is North America's largest mammal, but this is not the only reason the bison was declared the national mammal of the United States in 2016. Its history is one of the greatest conservation success stories of all time, much like that of another American symbol, the bald eagle. The bison remains a potent and enduring symbol of America and its rugged west.

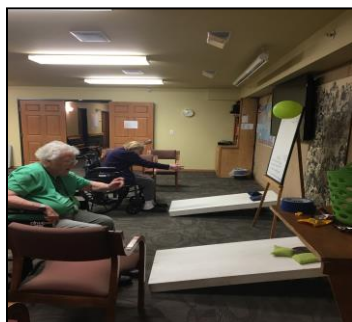
## Hat Trick



Don't let your head go bare on November 25—it's International Hat Day! Certainly, a baseball cap can fit the bill on this holiday, but why not explore some more exotic and symbolic fashions?

The fancy, floppy wool *beret* is instantly recognizable as French. It began as a hat worn by the poorest classes, such as farmers and artists. The wide-brimmed *sombrero* may be synonymous with Mexico, but hats like this were worn by horsemen in Mongolia as far back as the 13th century. If you feel a chill in the air, then opt for the Russian *ushanka*, the cylindrical fur hat with earflaps that can be tied up over its crown. The modern *ushanka* can be traced to the Russian Civil War when the ruler of Siberia ordered a winter hat be issued as part of the standard uniform. The *fez* of the Ottoman Empire was originally meant to be a symbol of equality and a means to show a common national identity amongst its wearers. Choose your hat wisely, for hats from any country are rich in both history and symbolism.

## Memories made...



## Noteworthy Notaries

You may not appreciate them until you need something notarized, but notaries can stand up and be recognized for their contributions to society on November 7, Notary Public Day. What is a notary public? A notary is a state government official whose job it is to maintain integrity. They act as an official witness during the signing of official documents as a means of thwarting fraud. Their duty is to screen signers by verifying their true identity. They also make sure people know what they are signing and that people aren't being forced to sign documents against their will. Notary publics often take center stage during many of life's important moments: signing papers to buy a house, granting power of attorney, even verifying college transcripts. Officials have carried this capacity since ancient Egypt when *sesh*, or scribes, acted as official witnesses and chroniclers of the pharaoh's bureaucracy. Today, anyone can become a notary public and, hence, a valued public servant for the community.

## Willow Creek School Kid, IHOP & Oktoberfest

It has been a busy fall here at Parkhaven. Stop by soon there is always enough laughter and coffee to share!



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Assisted Living  
100 Hamilton Court  
Manhattan, MT 59741

Postage  
Information

## Important Announcement

Parkhaven and the staff have always enjoyed sharing the holidays with the families of our residents. This year with much sadness we have decided due to running at max capacity (shortage of space) and the chaos of construction that we will not be opening the Thanksgiving and Christmas meals to the public. As always though we will still serve our traditional holiday meals full of all the fixings and trimmings and celebrate the meals with the residents.

We will be celebrating our Annual Christmas Dessert Social on December 13 from 4:30-6:30. This is a come and go so we hope to see everyone here. Everyone is invited!

Once the addition is completed and the dust has settled we will look forward to getting back into our routines and plan on celebrating all of the holidays back together in 2019!

Thank you for your understanding and patience!!

## Resident & Staff November Birthdays

In astrology, Scorpios are those born between November 1–21. Scorpios are passionate and deep, qualities that help them counsel others in meaningful ways. Resourceful and determined, Scorpios make good managers. Those born between November 22–30 are Archers of Sagittarius. These open-minded travelers are in constant motion, searching the globe for meaning. Curious, optimistic, and enthusiastic, they are not afraid of change and treasure freedom.

Angelica: 11/3

Herb: 11/10

Jeff: 11/16

Jaymes: 11/18

Nola: 11/21

Anne: 11/26

Fern: 11/26

Shirley: 11/28

*Happy Birthday!!*