

June 2019

Parkhaven Press

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Celebrating June

Beautiful in Your Skin Month

Soul Food Month

World Bicycle Day

June 3

Banana Split Days

June 7-8

Father's Day

June 16

World Music Day

June 21

Welcome New Residents

Wayne Oppeboen

Evelyn Brainard

In Loving Memory

Andy Oldenburger

1928-2019

Rebecca's Rambles

It is finally spring. I really didn't think it would ever happen. Thank goodness I was wrong. Even if it's cloudy it's still warmer.

In case you haven't noticed, the big pots out in front of Parkhaven have been planted along with our raised beds. We are so fortunate to have Sage Gardens and Manhattan Elementary School head these projects for us. Thank you so much as it really gives us a positive lift. John and Dallas hung petunias and put out a pot of geraniums at the Reflections entrance. They've been busy getting the new courtyard and front yard ready for sod and concrete.

Better weather also means we can all be outside more. There are walks in the park scheduled by Jennifer and Laurie along with drives to see the season change. I've notice the patio being used more too.

I really must invite you to stop by the new bulletin board next to the Activity room. Laurie has been teaching some of the residents how to do acrylic pours. They are beautiful. I have to admit, even some of the staff has had a go at it. It is magic.

Come on by and see us. We love to have visitors.

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Meet Your Neighbor – Eva McDunn



Eva McDunn lived her whole life in Central Montana, married young to Chuck Masker, who died tragically in a hunting accident 2 months after they married. Eva traveled extensively through the talents of her 2nd husband Henry McDunn, (the love of her life) who was an expert in his field at the grain elevator; winning many trips and excursions including England, Holland, Mexico, Florida, Disneyland, and cruise-ship adventures.

Eva enjoyed most being a mother to her 6 children as well as the many foster children she took in, giving them love, encourage and a feeling of belonging. Over 12 years Eva opened her doors to those in need, providing a “safe-house” to victims of spousal abuse as well. Eva still enjoys the kinship of many who called her house “home” over the years.

Eva enjoyed stained glass, quilting, and oil painting, where she was taught private lessons from a master painter whose work is on display at the Ursuline Academy in Great Falls.

In the Name of the Father

Fathers, thank mothers for the creation of Father’s Day. It was a woman named Sonora Smart Dodd, one of six children raised by her widower father, who lobbied to create a father’s equivalent to Mother’s Day. Dodd took her cause to churches, shopkeepers, the YMCA, and local government officials until finally, on June 19, 1910, Washington state celebrated the first Father’s Day. Over the years, the holiday gained traction, and in 1924, President Calvin Coolidge urged all states to adopt Father’s Day as a holiday. But this was not without controversy. Throughout the 1920s and ’30s, groups attempted to squash both Mother’s and Father’s Day. They argued instead for one holiday, Parents’ Day, for, as one advocate said, “both parents should be loved and respected together.” It wasn’t until 1972 that Richard Nixon, in the middle of his presidential re-election campaign, signed a proclamation making Father’s Day a federally recognized holiday—58 years after Mother’s Day was made official.

Meet Your Neighbor continued...

These days, Eva is working on denim squares she is piecing together for a quilt she is making for her granddaughter.

If given the opportunity, Eva would love to travel to Norway again, and enjoy the company of “Bjorn” and his family, an exchange student that lived with Eva’s family for a year, and regularly comes to see her as recently as this past year.

Fact about Norway

- Population of
- Happiest Nation in the World
- More than 450,000 lakes
- Birthplace of the Vikings

Baking at Reflection's Memory Care

A favorite activity is making fresh baked cookies for our afternoon coffee time.



Stars and Stripes Forever

Wave the flag proudly on June 14, which is Flag Day in the United States. In the midst of the American Revolutionary War, the colonists had no flag to unify them. Regiments flew their own unique flags to identify their colony or their group. In June of 1775, the Second Continental Congress met in Philadelphia to create a Continental Army. It was then that they created the first American flag of 13 alternating red and white stripes with a Union Jack in the corner. Unfortunately, this flag looked too similar to the British flag, and General George Washington was quick to ask for the design of a new symbol. So on June 14, 1777, the Continental Congress designed a new flag consisting of 13 alternating red and white stripes, with a circle of 13 white stars on a field of blue—the birth of the Stars and Stripes. It seems that the idea of a circle of stars on a field of blue was a popular one, for on June 29, 1955, the European Communities adopted a blue flag with a circle of 12 yellow stars as their banner for a unified Europe.

Happy Birthday to Whom?



On June 27, 1859, a schoolteacher named Mildred J. Hill composed a tune she called "Good Morning to All." Her younger sister, Patty Hill, wrote some cheerful lyrics that the two could sing to their students upon their arrival at school. In 1924, however, the song underwent a dramatic change. A verse was added with the line "Happy birthday to you." Soon, it became the most popular song in the world, sung on everyone's birthday. Yet the song was never credited or copyrighted. In 1935, the Summy Company decided to register a copyright to the song, and then in 1988, Warner/Chappell Music purchased the company owning the copyright, claiming ownership of the song. While Warner/Chappell claims that a royalty of \$700 is owed each time the song is sung, no one is going to let an exorbitant fee like that spoil the pleasure of singing "Happy Birthday to You" at a loved one's birthday party.

A Bunch of Hot Air



Hot Air Balloon Day, on June 5, celebrates the incredible achievement of the Montgolfier brothers. On this day in 1783, the brothers demonstrated the first unmanned flight of a hot air balloon in the skies above their hometown of Annonay, France. The balloon itself was constructed of taffeta, fabric, and paper. It may seem amazing that it lifted off the ground at all considering that it weighed in at over 500 pounds. But fly it did, reaching a tremendous height of 6,000 feet. The Montgolfier brothers knew their invention was a wonder, and they decided to take it to Paris for a demonstration in front of King Louis XVI and Marie Antoinette. The balloon was still unmanned, but no less marvelous for its historic flying of a rooster, duck, and sheep before a crowd of 130,000 Parisians. The miracle of flight had, at last, moved from imagination to reality.

June Birthdays

In astrology, those born June 1–20 are Gemini's Twins. Twins seem to have two personalities and can blend into any situation. They have an energetic and fun-loving side that is the life of the party, but also a deep and emotional side that needs love and nurturing. Those born June 21–30 are the Crabs of Cancer. Guided by their hearts, Crabs are emotional and nurturing. They create deep bonds and comfortable homes and are always willing to welcome people into their circle.

Marilyn Monroe (actress) – June 1, 1926
Josephine Baker (entertainer) – June 3, 1906
Tom Jones (singer) – June 7, 1940
Frank Lloyd Wright (architect) – June 8, 1867
Harriet Beecher Stowe (author) – June 14, 1811
Igor Stravinsky (composer) – June 17, 1882
Lionel Ritchie (singer) – June 20, 1950
Octavia Butler (writer) – June 22, 1947
Pearl S. Buck (writer) – June 26, 1892
John Elway (quarterback) – June 28, 1960