

September 2019

Parkhaven Press

Parkhaven Retirement, Assisted Living & Memory Care 100 Hamilton Ct. Manhattan, MT 59741



Celebrating September

Happy Cat Month

Sewing Month

**International Enthusiasm
Week**

September 1–7

Labor Day (U.S.)

September 2

**International Day of
Democracy**

September 15

World Alzheimer's Day

September 21

**International Day of Sign
Languages**

September 23

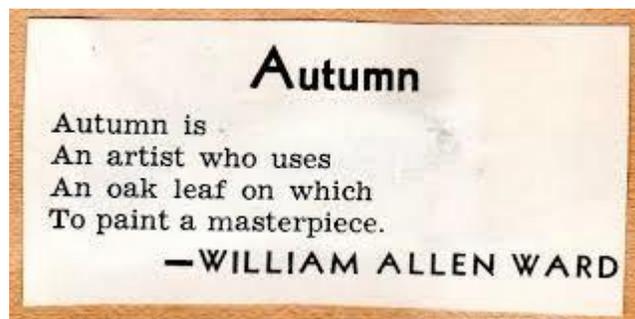
World Heart Day

September 29

Rebecca's Ramble

Fall is in the air! I think we only had two weeks of summer. I really love fall so let's just hope for a long one. School has started and it's time for fall sports, putting the garden to bed, and storing the lawn furniture. I'll miss the fishing, camping and mowing the lawn but that's okay. I look forward to cozy activities.

So what's ahead for the next few weeks? Here at Parkhaven we look forward to going out to view the fall colors. One of the activity groups is working on a fall bulletin board. Crystal and Jennifer will be gone for a few days furthering their education. We appreciate the knowledge they return with. We want to welcome our new residents. With the addition has come many new faces. It is a pleasure to learn about their backgrounds and lifestyles.



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www.parkhavenretirement.com

Resident of the Month

Doreen Morton

This month's featured resident is Doreen Morton.

Doreen was born the last of 4 boys & 3 girls to Alta and Grover Moody in Scotts Bluff Nebraska, where they ran the family farm.

Shortly after high school, Doreen worked as a receptionist for a couple years until she married Max Morton and eventually moved to McMillian Washington, just outside of Puyallup. There she raised their 2 boys, and 3 daughters in the country and lived a wonderful fulfilling life. Max worked as a sporting goods representative and traveled extensively, eventually starting his own company with several employees that later he turned over to the oldest son upon his retirement. Doreen and Max retired to Ennis Montana, where they enjoyed the horses and fishing. Doreen enjoys many of the hobbies and crafts that are offered at Parkhaven, as well as any exercise or walking activities. If given the opportunity, Doreen would love to return to "Leaf-field" Village in England, where she gave birth to their daughter while Max served in the Military cleanup after the war. When asked if there is anything she would yet like to do, Doreen replied that it was all such a wonderful life and she would change a thing, except perhaps that her and Max could have shared another 20 years on top of the 50 plus years they celebrated together.



Greek to Me

"Neither snow nor rain nor heat nor gloom of night stays these couriers from the swift completion of their appointed rounds." While this saying is not the official motto of the U.S. Postal Service, many recognize this as the postal worker's creed thanks to its inscription on the James A. Farley Post Office building in New York City, which was opened on September 7, 1914.

The famous motto comes from the classical Greek work *Histories* by the Greek historian Herodotus. While detailing the Persian Wars, Herodotus refers to the mounted courier service of the Persian Empire, known as the *angarium*. One of the architects of the Farley Post Office building was the son of a classics scholar, and he enjoyed reading Greek. When he happened upon the phrase, he decided to incorporate it into the building. Professor George Herbert Palmer of Harvard University was enlisted to translate Herodotus' words into the motto that is so well known today.

A Path Away from Pollution



The third Monday in September marks the start of Pollution Prevention Week. In 1990, the U.S. Congress passed the Pollution Prevention Act, charging the Environmental Protection Agency (EPA) with the responsibility of implementing the act. Over the past 30 years, the EPA and companies have teamed up to develop methods and technologies to dramatically reduce pollutants and contaminants in our environment.

The top three biggest sources of pollution are transportation (cars and planes), food production, and energy production. Electric car companies like Tesla have created vehicles that emit no pollution into the air. With the advent of renewable sources of electric energy and the development of more efficient batteries that allow for long-range travel, electric cars may become the primary mode of transportation around the world. Airplanes can emit less pollution if they are designed to be more efficient, fly more efficient flight paths, and use alternative fuels.

Farm pollution, particularly the runoff of fertilizers from agricultural land, harms waterways and oceans. Animal waste, too, leaches into soil and water. Farms prevent pollution by applying fertilizers in proper amounts at specific times of the year and using no-phosphorous fertilizers. They can also do their best to prevent water runoff and stabilize soil to minimize landslides. Forested buffer zones near waterways can also catch and filter runoff before it even reaches the water.

Burning fossil fuels to produce energy releases both carbon and other pollutants like mercury and methane into the environment. Alternative energy sources like solar and wind power help reduce pollution, but there are other solutions. Technologies exist to separate carbon dioxide from emissions, capture it before and after combustion, and then safely store it so that it never enters the environment. These excellent innovations could help clean up our Earth. All we need is the will to do the hard work.

Welcome to our Parkhaven Family!!

New Residents

Barbara Rodgers

Leon Glover

Joseph Huber

Rusty VanderVos

Karen Kempt



Staff Additions

Janis

Jill

Mikayla

Aubrey

Melissa

Trina



Out of the Tiffany Blue

Long before those blue boxes from Tiffany & Co. promised jewelry, the store was a stationery emporium. It was founded on September 18, 1837, by Charles Lewis Tiffany and John B. Young in Brooklyn, Connecticut. In 1838, the storefront moved to Broadway in Lower Manhattan, and the store shifted its focus to luxury goods like ladies' silks, satins, and bonnets. In 1845, Charles Tiffany himself selected the color of robin's egg blue for its Blue Book, an annual catalog of its handcrafted jewels. In 1867, Tiffany's was recognized at the Paris World's Fair for its exquisite silver craftsmanship, launching it as an international brand and esteemed design house. By 1870,

Tolkien's Literary Magic



Those familiar with the work of author J. R. R. Tolkien know that September 22 is Hobbit Day, commemorating the birthday of both Bilbo and

his nephew Frodo Baggins. For this reason, the entire week containing September 22 is celebrated as Tolkien Week. For those unfamiliar with Tolkien's fantasy writings, the words *hobbit*, *orc*, *Mordor*, and *Silmarillion* may have no meaning at all. Tolkien, after all, invented all these fantastic words during the creation of his magical world of Middle Earth. The development of the world and legend of Middle Earth grew from Tolkien's desire to manufacture a mythology for England, one of elves and faeries. Some might say that he saw this through to extraordinary ends, going so far as to invent an entire pantheon of gods and new languages for his magical races of creatures. Bilbo's adventures with dwarves and dragons and Frodo's saga with the Ring of Power have become the pinnacle of high fantasy literature.

September Birthdays

Those born between September 1–22 are Virgo's Virgins. Virgos love paying attention to details—not to be picky, but to help others. Their industriousness makes them smart problem-solvers and fact-finders. Those born between September 23–30 balance the scales of Libra. Libras epitomize fairness and balance, often striving to minimize conflict and seek compromise. They achieve this with their charming, sincere, and lovable personalities.

Frank – September 2
Helen K. – September 6
Karen – September 8
Fred – September 12
Mona – September 14
Marilyn R. – September 17
Eva – September 21
Wayne – September 23
Kay – September 27
Conrad – September 28
Tina – September 28
Bill – September 29