

Parkhaven Press

Parkhaven Retirement, Assisted Living & Memory Care 100 Hamilton Ct. Manhattan, MT 59741 ph.406-282-7488



Celebrating October

Bat Appreciation Month

**Italian-American Heritage
Month**

Positive Attitude Month

Mystery Series Week
October 6–12

World Day of Architecture
October 7

National Chess Day
October 9

Be Bald and Free Day
October 14

International Artists Day
October 25

All Hallows Eve
October 31

Rebecca's Ramble

I don't remember when I first started writing "Rebecca's Ramble". At times I found it hard to put something on paper. At other times, I could get on my "soap box" and thoughts would just roll out. This time it's hard for a very different reason. This will be the last time I write this as I have turned the director's position over to Crystal Hamilton. Most of you would know Crystal as the Marketing Director here at Parkhaven. She has chosen to continue to offer her expertise in marketing and take over the role of Administrative Director.

It is time for me to take a less public role along with more time off. I will continue to be very involved with the business and plan to be in the building part-time.

Many of us attended the "Walk to end Alzheimers" in Bozeman last month. There was a great turn out. I can't think of a better way to spend my time. Thanks to Dianna for her skills and time in organizing the Parkhaven team.

Another "thank you" to Sue Hiedeman for ten years of service to Parkhaven. Your tireless dedication has seen us thru many a rough spot over those 10 years. Without your help the new addition would have never been a reality.

So, as I end this for the last time, our facility is in good hands. I hope to see you soon as a more relaxed me.



Resident of the Month Pat Zitzer



Pat was born in Hamilton Canada. That is where she spent most of her life. She married her husband Fred at the age of 22 in 1951. Fred was from Germany and a POW. Together they had 9 children, 4 girls and 5 boys. Pat was a very proud mother, she spent her years raising her children and doing all of the household duties. One of her favorite hobbies that she loves to do is knitting. Knitting is something she has done for years and years. She has also traveled over the years to many different countries. She is enjoying her life here at Parkhaven. Pat enjoys playing bingo and other activities here and says she couldn't be in a better place.

Small Wonders

October 9 is Nanotechnology Day, a day to appreciate how small things can deliver big results. Nanotechnology is when chemistry, biology, engineering, and technology takes place on a nanoscale, which is one to 100 nanometers. What is a nanometer? It is one billionth of a meter! Why is it so exciting to work on such a small scale? It means that biologists can work inside of microscopic cells. Engineers can work on surface films that coat eyeglasses, computer screens, and cameras. Scientists can manipulate or infuse building materials in ways that make them lightweight, durable, resilient, and durable. Nanotech has been integral in the evolution of computer technology, allowing smaller devices to carry more power and run faster and more complicated programs. Medicine has been revolutionized thanks to nanotech that can deliver cures directly to cancer cells, bones, or diseases, without damaging surrounding tissues. Everything is made up of atomic particles, so there is really no end to the possible application of nanotechnology.

Left, Right, and Center



Logical people are left-brained, and creative people are right-brained, or so goes the persistent myth, a myth so popular that October had been declared Right Brainers Rule! Month. The idea that the brain has two different hemispheres and that people lean more favorably to one side than the other was largely perpetuated by research conducted in the 1960s. Those suffering from severe epilepsy had the bridge of nerves that connects both sides cut, and doctors showed that each side could act independently of the other. Of course, most of us have our bridges left intact, allowing both sides of our brain to operate together and function in integrated and coordinated ways. For this reason, there is no such thing as a truly right- or left-brained person.

The Funny Pages



Be sure to pick up a newspaper on October 18 so that you can celebrate Newspaper Comic Strip Appreciation Day. The very first comic strips appeared in the giant rivals of New York's newspaper industry during the 19th century. Joseph Pulitzer's

New York World featured the first comic strip in 1894, *The Yellow Kid*, about a down-on-his-luck boy who hung out in Hogan's Alley. Two short years later, William Randolph Hearst's *Morning Journal* jumped on the comic strip bandwagon and introduced a weekly full-color comic strip supplement. Hearst even went so far as to lure *The Yellow Kid* and his creator Richard Outcault away from the *New York World*.

By 1897, comics were in high demand, and Hearst meant to capitalize on the phenomenon. He called upon Rudolph Dirks to create a new strip for the Sunday edition of his *New York Journal*. The strip followed two boys, Hans and Fritz, who were constantly running into trouble with their parents and schoolteachers. *The Katzenjammer Kids*, which ran continuously from 1897 to 2006, remains the longest-running comic strip in history.

Soon, all newspapers wanted in on the comic strip act. In 1915, the *San Francisco Chronicle* debuted the first daily black-and-white comic, Bud Fisher's *Mr. A. Mutt*, which would later become *Mutt and Jeff*. Classics like *Gasoline Alley*, *Popeye*, *Krazy Kat*, *Dick Tracy*, *Li'l Abner*, and *Blondie* began to appear all across the country thanks to syndication. It was only a matter of time before publishers realized that they could create entire books from comics. *Detective Comics* and *Action Comics* soon spawned enduring heroes like Batman and Superman. Even Walt Disney, that beloved master of on-screen animation, started serving audiences a *Mickey Mouse* daily comic strip in 1930. Lucky for us all, comic strips endure with an almost unlimited variety. All we have to do is pick up any newspaper to find our favorite comic characters.

Your Stamp on the World

October is Stamp Collecting Month, so grab your magnifying glass and join the millions of people worldwide who collect, catalogue, and admire these miniature works of art. There is an almost infinite variety of stamps issued by countries around the world. Some are worth only a few cents, but others can be very valuable. The rarest stamp, issued in British Guiana in 1856 and known as the *One Cent Magenta*, was purchased by a collector in 1980 for \$935,000. While for some stamp collecting is a playful hobby, for others it is an expensive obsession. Just as great works of art are forged, so are great stamps. The greatest stamp forger of all time was the Italian Jean de Sperati. He grew up in a family of printers and mastered the trade, but he turned those skills into becoming a master counterfeiter of stamps. His forgeries are so perfect that they have become works of art in their own right. Some professionals cannot even tell the difference between his fakes and the real thing. In some cases, a Sperati forgery is worth even more than the original stamp.

Welcome to our Parkhaven Family!!

New Residents

James Griffis

Sue Hochalter-Pope

Chris Summit

Betty Bakke



New Staff

Sam Bell

Clarissa Call

Marlea Stafford

Magan Darkis

Giants Among Us



On October 2, 1969, President Lyndon Johnson signed a bill creating Redwoods National Park in California. While it is estimated that over two million acres of old growth redwoods once existed along California's coast, today 133,000 acres of those remaining forests are protected as national and state parks. The coastal living conditions for these trees are perfect, and they get much of their water from the thick fog that rolls in off the coast. These trees are the tallest on Earth, and as such are the world's tallest living things. Take the redwood known as "Hyperion." Standing at 379 feet tall, it is the tallest known tree in the world. The tree is hidden deep within a rugged and inaccessible section of Redwood National Park and is considered so valuable that its location has not been disclosed so as to discourage visitors and vandals alike.

October Birthdays

In astrology, those born between October 1–22 balance the scales of Libra. Libras epitomize fairness and balance, often striving to minimize conflict and seek compromise. Those born between October 23–31 are Scorpions of Scorpio. Scorpions are passionate and assertive yet are known to keep cool and calm.

Stanley 10/7
Kristen W. 10/8
Jackie 10/11
Lewis 10/12
Evelyn 10/13
Shawn 10/20
Lavonne 10/21
Melvin 10/28
Petal 10/29

