

February 2020

Parkhaven Press

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Celebrating February

Library Lovers Month

Mend a Broken Heart Month

Black History Month

Groundhog Day

February 2

Westminster Dog Show

February 10–11

Valentine's Day

February 14

Presidents' Day: U.S.

February 17

Mardi Gras

February 25

Leap Year Day

February 29

A Giant Leap for Humankind

This month we will enjoy an extra day, transforming 2020 into an extraordinary year. Every four years, an extra day, called *leap day*, is added at the end of February. This extra day is built into the year to ensure that our calendars remain aligned with Earth's movement around the sun. Our modern calendars have 365 days, but Earth takes 365.2421 days to make it all the way around the sun. The ancient Egyptians were the first civilization to calculate that our cycle of days and nights did not align perfectly with the calendar year, but it wasn't until Julius Caesar's reign during the Roman Empire that anything was done about it.

For millennia, calendars were loosely based on human observations of the lunar cycle. Extra days, weeks, and even months were added at random to make up for seasonal discrepancies. Julius Caesar was fed up with the inadequacies of such calendars based upon a 10-month solar year. In 46 BC, he enlisted astronomer Sosigenes to modify the calendar to include 12 months and 365 days. January and February were added as the final two months of the calendar, with the leap day added as the final day of the last month of February once every four years. Julius Caesar named this the *Julian calendar* after himself.

The Julian calendar was hailed as a tremendous improvement, but it was still not perfect. The solar year is only .2421 days longer than the calendar year, not .25. Adding an entire day every four years added 11 extra minutes to each year! After hundreds of years, the Julian calendar veered weeks from the solar year. Like Caesar before him, Pope Gregory XIII decided to fix this problem. In 1582, the Pope created his *Gregorian calendar*. It was still a 12-month, 365-day calendar with an added leap day every four years, but the Pope went further. He decreed that leap years would not occur on years evenly divisible by 100, excepting those divisible by 400. For example, the years 1700, 1800, and 1900 were not leap years, but the year 2000 was. Pope Gregory XIII's calendar is still in use today, but it is still not perfect. Mathematicians note that after another 10,000 years, someone will have to create a new calendar once again.

Dior's "New Look"



A casualty of World War II was fashion. With the rationing of materials and anxiety over radicalism, civilian clothing styles became austere, utilitarian, and practical. Women no longer wore silk or other fancy fabrics, and they gave up accessories like boning for corsets and zippers. For the first time, women wore trousers! The British government went so far as to pass austerity regulations. Footwear, textiles, and clothing brandished the CC41 logo, signifying that it conformed to 1941 regulations for "Controlled Commodities." Perhaps no city suffered more than Paris, the world's fashion capital. Not only was it occupied by the Germans but fashion houses were forced to shut their doors. So, on February 12, 1947, when French designer Christian Dior debuted his "New Look" line at the Paris fashion show, he both saved Parisian fashion and brought femininity into style again.

Dior's New Look silhouette was both old and new all at the same time. It offered a return to pre-war femininity and yet presented a new, modern woman. The line did away with trousers, boxy shoulders, and civilian androgyny and returned to the small waists and hourglass figures of the pre-war era. Dior focused on soft, rounded shoulders, tight-fitting jackets, and spreading, padded skirts. Essential to the New Look was his corset, known as the *Waspie*, which narrowed the waist and accentuated the bustline. As a child, Dior grew up wandering the flower gardens of his home. Those flowers heavily influenced his notions of femininity. He rejected austerity and let fabric flow freely from his garments, like an abundance of petals. Some critics decried the designs as wasteful or extravagant, while others found them to be affronts to the newfound independence enjoyed by women who had taken over the jobs of men in offices and factories. But many women embraced the New Look as a welcome alternative to the ugly practicality of the war years. In many ways, the New Look was a rejection of the war itself and a return to the nostalgia of the pre-war years, where women were once again expected to be feminine.



New Residents

Richard Thompson
Fred Robert

New Staff

Jordyn Read



*Honeylyn-Resident Assistant
Thank you for all you do!*

Do a Grouch a Favor



You probably know someone who is a grouch. Maybe it's your friend, neighbor, parent, or even spouse! February 16 is the day to forgive them for their sullen and grumpy attitudes and do something nice, for it is Do a Grouch a Favor Day. What favors could possibly satisfy the irritable nature of a grouch? Psychologists believe that the most common sources of irritability are often little things throughout the day, small annoyances that come with everyday tasks such as driving or shopping at the grocery store. Compassion, they say, is necessary for forgiving those around us for their minor transgressions and annoyances. So perhaps the biggest favor we can do for a grouch is to show them compassion. Understanding others' emotions is the first step we can take toward alleviating

From Your Valentine

On February 14 each year, sweethearts celebrate Valentine's Day by exchanging cards, chocolates, and other tokens of love. But do these sweethearts know who they are celebrating? The true identity of St. Valentine is murky and there are differing stories detailing his role in the church and the acts that inspired the popular holiday bearing his name.



Competing stories depict St. Valentine (the Latin version of the name) as either a priest from Rome or the Bishop of Terni during the reign of Emperor Claudius II. Legend has it that Valentine aided Christians who were persecuted under Claudius II's

reign. Eventually, Valentine, too, was put under house arrest at the home of Judge Asterius. It so happened that Asterius had a blind daughter. The judge asked Valentine to prove the power of Christ by restoring the girl's sight. When Valentine performed the miracle, the judge thanked him by freeing him and all the Christians he had imprisoned. But Valentine did not remain free for long. He was again arrested and brought before Emperor Claudius II himself. When Valentine attempted to convert Claudius to Christianity, he was executed on February 14, AD 270, but before his martyrdom, he is said to have written a note to the daughter of Asterius, which he signed "From your Valentine."

Another story details how Claudius II outlawed marriage for young men in the belief that single men made better soldiers than those with wives and families. Valentine defied Claudius and performed marriages in secret, purportedly cutting hearts of parchment and gifting them to the couples as a sign of God's eternal love. When Valentine's secret was discovered, Claudius executed him.

These stories are different yet they both illustrate Valentine's devotion to his faith and his people. As these legends spread, so did Valentine's reputation for heroic love and devotion, inspiring a holiday dedicated to the ideals he died for.



Schedule a tour today!



When Cows Fly

On February 18, 1930, a cow known as Elm Farm Ollie won the unique distinction of becoming the first cow ever to be milked while flying in an airplane, ushering in the very first Cow Milked While Flying in an Airplane Day. The circumstances of the flight are well-recorded, as Elm Farm Ollie was part of the International Air Exposition in St. Louis, Missouri. Researchers were apparently eager to observe the effects of flight on livestock. Elm Farm Ollie was an unusually productive Guernsey. She needed milking three times a day. During her flight, she produced 24 quarts of milk. Wisconsin native Elsworth Bunce had the honor of milking her, consequently becoming the first man ever to milk a cow in an airplane. The milk was sealed in paper cartons and parachuted to the crowds below, where it is said that Charles Lindbergh took a drink.

Rising from the Ashes



During the mid-1820s, the U.S. government was pressuring the Cherokee people of Georgia to leave their homelands and move west of the Mississippi River. In response to this crisis, the Cherokee Nation established a newspaper, the *Cherokee Phoenix*, with the purpose of keeping its members united and informed. Cherokee Galagina Oowatie, taking the American name Elias Boudinot, was selected as the first editor. The first issue was printed on February 21, 1828. It was the first newspaper published in a Native American language. Articles were run in both Cherokee and English, and soon the newspaper informed both Indian and white audiences. The paper was shut down in 1834 but was revived and can be read today in print and online.

February Birthdays

Hunter – February 8
Roelena – February 9
Harry – February 9
Marilyn M – February 14
Mike Sw – February 20
Barbara R. – February 20
Joan – February 20
Imelda – February 23
Clarissa – February 25

In Memory of

Jeff Darcy 1934-2019

Edith Gurley 1927-2020