

June 2022

Parkhaven Press

Parkhaven Retirement 100 Hamilton CT. Manhattan, MT 59741 ph.406-282-7488



Celebrating June

**Give a Bunch of Balloons
Month**

Family History Day
June 14

Father's Day
June 19

Welcome New Residents!

Terry

Richard

Welcome Back!

Natashia



Milk's Shaky History

June was declared Milk Month in 1937 as part of a campaign to help dairy producers sell excess milk produced during warm summer months when grazing was plentiful for dairy cows and milk production was at its peak. Dairies were keen to increase sales because the industry was grappling with significant change.

Where milk was once delivered daily door-to-door by milkmen, by the 1930s and '40s, home milk delivery was nearly obsolete. Thanks to the invention of home refrigeration, families were now able to store milk and perishable goods in their homes for long periods. Grocery stores, which had previously sold mostly dry goods, now had vast refrigerated sections that kept everything from milk to ice cream cold. The whistling milkman became a thing of the past, a piece of precious nostalgia.

Yet some modern families have embraced the return of daily milk delivery. Milkmen are once again making their rounds, delivering fresh milk in glass bottles. Not only is the milk fresh, often bottled and delivered within 24 hours, but the glass bottles are environmentally friendly, reducing the need for plastic jugs and paper cartons. Better yet, milkmen are also delivering fresh eggs, butter, cheese, and yogurt. If you're lucky, you can even receive chocolate or strawberry milk! Signing up for modern milk delivery is helping local farms flourish.

Despite these innovations, the future of dairy is a bit foggy. Anyone who has ventured into the milk aisle at the grocery store now sees several plant-based milk options: nut milk, coconut milk, and soy milk. Dairy executives might object to using the term *milk* to describe the white, milky, liquid that comes from crushing nuts into a paste and blending them with water, but such beverages have been drunk as "milk" for centuries by cultures around the globe. Many people who cannot enjoy dairy for health reasons are lucky to have these plant-based alternatives. Non-dairy milks can even be transformed into other dairy staples, such as butter, ice cream, and cheese. There's suddenly more to Dairy Month than ever before.

A little time outdoors.....



~In Loving Memory~

Edward Makoff
1933-2022



Women of the Water



For 40 years, Coney Island has held its annual Mermaid Parade in June, a day to revel in all things mermaid-related. Tales of mermaids date back as far as the oldest human records.

There are even centuries-old records of mermaids lurking in South Africa's desert basins. These fish-tailed humans dragged unsuspecting passersby into rock pools. But not all mermaids are so cruel. Mermaids have meant different things to different cultures. In West Africa, mermaids were the embodiment of water spirits; they were "Mothers of the Waters" who offered beauty, healing, and wisdom. The Thai mermaid Suvannamaccha is still revered as a princess and herald of good luck, while the Nibiinaabe of Canada's Ojibwe are skittish water sprites that keep to themselves. With over 3,000 in attendance at Coney Island's Mermaid Parade, you're likely to find mermaids of every sort.

Marrying Traditions

Wedding bells will be ringing all through the month of June. After all, it is the most popular month for couples to be married. Some say it is because June's pleasant weather is best for a wedding, but this tradition has roots far deeper than any meteorologist could predict.



The month of June was named for the Roman goddess Juno, whose domain was marriage, childbirth, and family. As the patron goddess of Rome and all the Roman Empire, she was called *Regina*, or "Queen," and was part of a powerful triumvirate of gods that included Jupiter, king of the gods, and Minerva, goddess of wisdom, justice, and military strategy. Of the three, Juno was worshipped as the protector of the empire, and particularly as a protector of women. Roman women went so far as to call their souls *junos*, believing that they each possessed a small bit of their beloved *Regina's* spirit. June, unsurprisingly, was considered the most auspicious month to be married.

Historical evidence suggests that June might have been a popular month for marriage even before the time of the Romans. The Celts celebrated their springtime fertility ritual of Beltane on the cross-quarter holiday of May 1. Cross-quarter days were astronomical holidays that fell between quarter days, the equinoxes and solstices. It was a Beltane tradition for young couples to pair and plan for a wedding on the next cross-quarter day, which would not arrive until August three months later. Impatient young couples, eager to wed, would often not wait until August and instead marry in mid-June on the following quarter day, the day of the summer solstice. In this way, June became a traditional month for marriage.

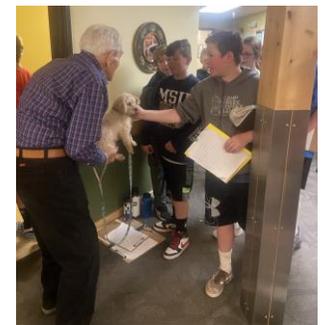
It might come as no surprise that the following springs often coincided with a baby boom for couples married the previous June. This only provided more evidence of spring's powerful fertility as Earth sprang back to life with its blooming flowers and leafing trees.

A Day for Dad

The very first celebration of Father's Day was on June 19, 1910, at a YMCA in Spokane, Washington. Sonora Smart Dodd had watched her father single-handedly raise six children. After hearing a sermon about the virtues of Mother's Day, Dodd approached her pastor and suggested a comparable holiday for fathers. Her pastor agreed and set the date for the third Sunday in June.

Father's Day became an annual observance in Spokane, but once Dodd left home to attend school at the Art Institute of Chicago, the holiday was quickly forgotten. Upon her return to Spokane, Dodd embarked upon a crusade to recognize Father's Day on a national level. She sought the help of trade groups that would benefit from such a holiday: tie and tobacco pipe manufacturers. The New York Associated Men's Wear Retailers group even founded a Father's Day Council to promote the holiday. Decades passed, and members of the U.S. Congress resisted founding a national holiday. It wasn't until 1972 that President Richard Nixon made Father's Day a permanent national holiday by signing it into law.

Manhattan Middle School Interviews



Parkhaven Retirement
100 Hamilton CT.
Manhattan, MT 59741

Postage
Information

Juneteenth for All



June 19, better known as Juneteenth, was established as a federal holiday in 2021, but it has been observed as the date commemorating the end

of slavery in the United States since 1865. It was on June 19, 1865, that U.S. General Gordon Granger arrived in Galveston, Texas, with a force of federal troops to declare that “in accordance with a proclamation from the Executive of the United States, all slaves are free.” That proclamation was President Abraham Lincoln’s Emancipation Proclamation, which had been signed a full two-and-a-half years earlier. Texas had been considered a haven for slavery, as it had been spared from much of the Civil War’s fighting and the presence of Union troops. That all changed with General Granger’s arrival. Later that December, slavery was formally abolished in America with the adoption of the 13th Amendment.

June Birthdays

In astrology, those born June 1–21 are Twins of Gemini. Perhaps because twins are born with a companion, Geminis love to communicate with others. They are clever extroverts who can make persuasive arguments. Those born from June 22–30 are Crabs of Cancer. Crabs are very intuitive and sensitive to their environment. Their home is their sanctuary, and they are emotionally committed to family and loved ones.

Karen – June 5
Vince – June 12

