

Parkhaven Press

Parkhaven Retirement | 100 Hamilton Ct. Manhattan, MT. | 406-282-7488



Celebrating August What Will Be Your Legacy Month

Farmers Market Week
August 4–10

Professional Speakers Day
August 7

Bowling Day
August 10

Senior Citizens Day
August 21

Pony Express Day
August 25

Eat Outside Day
August 31

WELCOME NEW STAFF

Amra- RA
Camdyn- Dining
Carissa- RA
Henasee- Dining
Dani- Dining/Cook
Rylee- RA
Jo- RA
Maddi- Dining

WELCOME NEW RESIDENTS

Elaine
Margaret H.
June B.

Aloha Anniversary

Hawaii, a tropical paradise in the Pacific Ocean, is known for its stunning natural beauty, rich cultural heritage, and unique history. This year marks the 65th anniversary of Hawaii's statehood, a significant milestone in its journey as part of the United States.

Before becoming the 50th and final state on August 21, 1959, Hawaii's history is a tapestry of Indigenous Polynesian culture, European exploration, and colonialism. Captain James Cook's arrival in the late 18th century marked the beginning of significant Western influence on the islands. In the 19th century, Hawaii became a hub for the global sugar trade, attracting immigrant labor from China, Japan, Portugal, and the Philippines.

The road to statehood was not without challenges. Despite the islands' importance during World War II, it wasn't until after the war that momentum for statehood gained traction. In 1959, Hawaii joined the Union, becoming the first state with a majority Asian population and the only state composed entirely of islands.

Today, Hawaii is celebrated for its breathtaking landscapes—lush rainforests, cascading waterfalls, and pristine beaches with crystal clear waters. The islands are also home to unique flora and fauna found nowhere else on Earth, such as the endangered Hawaiian monk seal and the vibrant hibiscus flower, the state symbol.

Hawaii's cultural diversity is reflected in its cuisine, music, and festivals. Traditional Hawaiian luau feasts, ukulele melodies, and hula dancing are beloved cultural expressions that thrive alongside modern influences.

From Hawaii's ancient roots to its modern-day vibrancy, this unique state remains a cherished destination for travelers seeking adventure, relaxation, and the aloha spirit that permeates every corner of the islands.

The Language of Victory

Navajo Code Talkers Day, observed on August 14, commemorates the invaluable role played by Navajo servicemen during World War II. These brave individuals utilized their native language as an unbreakable code, significantly contributing to Allied victories in the Pacific Theater.



Code talking, the use of obscure languages to transmit secret messages, dates back to World War I. However, it wasn't until World War II that the concept

gained widespread recognition. The Navajo language, with its complex syntax and unique phonology, proved ideal for this purpose. Navajo Code Talkers developed a code based on their language, using common words, such as Navajo bird names, to represent military terms. This created an unbreakable cipher that may be the only code used by the American military that was never broken during the conflicts in which it was used.

The success of Navajo code talking can be attributed to several factors. The Navajo language itself was unwritten and spoken by only a small population, making it virtually impossible for the enemy to decipher. Additionally, Navajo Code Talkers underwent rigorous training to memorize the code and communicate effectively under pressure.

Navajo Code Talkers Day was created by President Reagan in 1982 as a holiday to honor the courage, ingenuity, and patriotism of these remarkable individuals. Their contributions helped turn the tide of war and secure victory for the Allied forces, leaving a lasting legacy of bravery and service. Their story continues to inspire generations, reminding us of the power of language, unity, and sacrifice in times of conflict.

Puppy Visit

Thank you to "The Golden Girls" for bringing furry friends to visit our residents!



We love our Residents!

Craft time and music with Bud!



Ireland's Mountain Monarch



For 400 years, residents of Killorglin, Ireland, have been celebrating their famous Puck Fair from August 10–12. The “Puck” of the fair is actually a poc, which is the Irish term for a male goat. Every year, a group

climbs into the mountains and returns with a goat that is crowned King Puck, and a local schoolgirl is pronounced the Queen of Puck Fair.

The most beloved legend surrounding this fair's origins begins with Oliver Cromwell, the English military leader who led his armies into Ireland in the 17th century. Cromwell was leading his army across the Irish countryside when the soldiers scared a herd of grazing goats. The poc, or he-goat, broke away from the rest and fled to the village of Killorglin. When the goat arrived, exhausted from his flight, the locals discovered that danger was coming. They armed themselves in defense against Cromwell's army. Every year since then, the people of Killorglin have honored a he-goat by making him king for the three days of the fair. While no one is certain of the fair's true origins or the date it was first celebrated, there is a written record from King James I that mentions it being celebrated in Killorglin in the year 1613.

August 10 is known as Gathering Day. The town conducts a traditional horse fair, and King Puck is paraded through town to the village square, where he is crowned by the queen. The Queen of Puck Fair is chosen based on her submission of an essay related to the Puck Fair. August 11 is Fair Day, when vendors sell their wares and entertainers provide amusement for the thousands of fair visitors. On August 12, Scattering Day, the king and queen are paraded one last time through town, and King Puck is released back into the mountains. Of course, the revelry continues into the wee hours.

The Puck Fair is a testament to the tenacity and good character of the residents of Killorglin, who look forward to this special time each year when “the cares of everyday living are put on hold.”

The Mane Event

August 10 is World Lion Day, a day to marvel at the majesty of the king of the jungle. Ironically, most lions do not roam the jungle but rather live on the dry plains of Africa. These expert predators grow to be four to six feet long and can weigh as much as 400 pounds. The females are the hunters, working together to feed the entire family of lions, called a pride. The male lions, with their shaggy manes, have the job of defending the pride against attack.

There is one small population of lions that does live in the jungle. Deep within the Gir Forest Reserve of India, alongside the Bengal tiger and the Indian rhino, lives the Asiatic lion. Smaller than their African cousins, Asiatic lions once roamed from Asia to the Middle East. Fewer than 600 of these lions exist today.

A Slice of Heaven



Braham, Minnesota, is the Homemade Pie Capital of Minnesota, and they aim to earn that reputation on the first Friday of August.

There are plenty of pies to eat, either at your leisure or competitively during the pie-eating contest. There are pies for sale and pies to bid on in the pie auction. There are pie-baking lessons and contests. There is even a Pie Art Show with art in two categories: 2D (drawings or paintings of pies) and 3D (pie sculptures).

****REST IN PEACE****

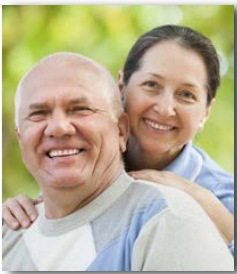
Joan Madonna 1934-2024



Parkhaven Retirement
100 Hamilton Ct.
Manhattan, MT. 59741

Postage
Information

The Golden Age



August 21 is Senior Citizens Day, a day to recognize the importance of seniors and support them in their endeavors as they age. August 14 marks another significant day for older generations—Social Security Day, a day honoring FDR’s signing of the Social Security Act into law in 1935.

We should honor our seniors all year long, not just in August, but what makes this demographic so special? For one, there are a lot of them—over 62 million in America, or about 18 percent of the population. And research shows that seniors are more satisfied than the young. Perhaps it comes from a confidence born of living through the Great Depression and WWII. It may be that seniors finally have time to focus on enjoying the present rather than worry about the future. This might be the most valuable lesson we can learn from our senior friends!

August Birthdays

If you were born between August 1–22, you are a Leo, the Lion. Creative and ambitious with a magnetic personality, Leos enjoy the spotlight. Warm, loving, and kind, they make loyal and honorable friends. Those born between August 23–31 are Virgos. Virgos are considered shy and sometimes naïve, private, and tidy. They are curious explorers who are incredibly loyal and well respected by their friends and colleagues.

Joann B. 8/5
Kayla 8/6
Jane 8/6
Sawyer 8/16
Sue H. 8/20
John M. 8/22
Tiffany M. 8/27
Josh 8/28
Dorothy 8/29
Rylee 8/29